

VOLUNTEER VACANY

<u>ORGANISATION</u>	:	GREENDALE HOUSE PALLIATIVE & HOSPICE CARE
<u>DEPARTMENT</u>	:	Clinical
<u>TITLE</u>	:	Dietitian
<u>DATE</u>	:	July 2025
<u>REPORTS TO</u>	:	Nursing Services Manager / Unit Leader / Doctor

PURPOSE

Greendale House Palliative and Hospice Care is looking for a **Volunteer Dietitian** to join our compassionate team. This is an incredible opportunity to make a meaningful difference in the lives of patients and their families by providing essential nutritional support and guidance during a critical time.

KEY RESPONSIBILITIES

- **Nutritional Assessment:** Conduct comprehensive nutritional assessments for patients, considering their medical history, current condition, and individual preferences.
- **Dietary Counselling:** Provide personalized dietary counselling to patients and their families, addressing specific nutritional challenges related to their illness and treatment.
- **Symptom Management:** Offer guidance on dietary strategies to manage common symptoms such as nausea, loss of appetite, constipation, and difficulty swallowing.
- **Meal Planning:** Assist in developing appropriate meal plans that meet the nutritional needs and preferences of patients, while also considering cultural and religious requirements.
- **Education and Support:** Educate patients, families, and staff on the importance of nutrition in palliative care and hospice settings.
- **Collaboration:** Work collaboratively with the multidisciplinary healthcare team (doctors, nurses, social workers, etc.) to integrate nutritional care into the overall patient care plan.
- **Documentation:** Maintain accurate and confidential records of patient assessments and interventions.

QUALIFICATIONS

- **Registration:** Must be a registered Dietitian with the **Health Professions Council of South Africa (HPCSA)**.

SKILLS ABILITIES

- **Experience:** While not strictly essential, experience in palliative care, hospice, or oncology settings is highly advantageous.
- **Knowledge:** Strong understanding of nutrition principles, medical nutrition therapy, and their application in chronic and life-limiting illnesses.
- **Compassion:** A genuine passion for helping others and a compassionate, empathetic approach to patient care.
- **Communication Skills:** Excellent interpersonal and communication skills, with the ability to convey complex nutritional information clearly and sensitively.
- **Team Player:** Ability to work effectively as part of a multidisciplinary team.
- **Reliability:** Dependable and committed to fulfilling volunteer responsibilities.

If you are a dedicated and compassionate Dietitian looking to contribute your expertise to a cause that truly matters, we encourage you to apply.

Should you wish to apply for this vacancy, please include a CV and completed volunteer application form. Applications must be forwarded to the Volunteer Coordinator for attention:

Buhle Mtolo

Email: volunteer@greendalehouse.co.za